

# Leona Cummins

**Speaker! Motivator! Educator! Humorist!**

## Most Requested Presentations:

### “Good Communications – Better Results”

- Verbal Nonverbal and Written Communication.
- Perception.
- Body Language.
- Communicating with the Young or Elderly.
- Communication through Humor.
- Attitude – Attitude – Attitude.

### “Make My Day”

- Happy Employees - Happy Customers.
- More Creative- More Effective.
- Recognition.
- Positive Attitude.
- Active Listening.
- Make a Difference.

### “De-Stress Your Life”

#### The ABC’s of Stress Management

- Attitude to Gratitude – Making someone’s day can make yours.
- Plan and Play - Some mistakes are too much fun to make only once.
- Patience. Don’t honk at the slow guy.
- Change. Change your mind about change.
- You Are Not Any Safer in First Class.
- A to Z on How to Handle Stress.



Leona has been in the medical field for over 30 years as a Certified RT and CT Technologist. Her experience in Sales, as an Applications Specialist, and Speaker provides a wealth of resources. She likes to include humor, education and motivation in her presentations. Her sense of humor and passion are evident every time she speaks. She is ideal for those hard to fill slots right after lunch or just before adjourning or any time you want to lighten-up your meeting.

## Versatile Speaker:

- Keynote Speaker for Banquets Luncheons
- Corporate Events, Association Convention, Annual Meetings, Workshops & Seminars
- Leadership, Motivation & Personal Development
- Women’s Groups
- Employee and Customer Appreciation Dinners

Keynote Addresses 30 to 60 Minutes  
Excellent addition to Workshops & Seminar Training

**For More Information, fees and scheduling contact:**

## Client Comments:

"Thank You" I had a tremendous amount of positive feedback from the staff. You have the ability to "talk the talk" as it relates to radiology.

**Hutchinson Clinic.**

We Loved the CEU talk. It was a much needed reminder of how we need to do our day to day practice. We learned a lot and felt "entertained".  
Leona was very funny.

**Medical Imaging KC.**

I can't thank you enough for helping sponsor the continuing education lecture. Leona was wonderful and the staff had nothing but rave reviews for it all the way around. It was a big moral booster.

**T Tanner, Alegent Hospitals**

Hilarious, she had the entire Department in stitches. The motivational stories were just what we needed.

**Jim Falcon – Maxwell Fire Department.**

"Positive, informative, motivating, funny....."

**Tammy McMichael RN, NE Organization of Nurse Leaders.**

Leona, I love being able to schedule you after lunch. That is the toughest times to keep group interest and participation yet you always precipitate some of the best reviews and comments from our seminars.

**Connie Lyon, Radiographic Operations Consulting**

## Comments from Evaluation Surveys:

A good speaker and excellent topic!  
Very Outgoing. She had some funny stories.  
Uplifting and very effective.  
Good to be reminded that I can make a difference.  
Very enlightening. I really enjoyed the presentation.  
Her stories were very touching.  
This subject should be annual training to keep the medical field in the right frame of mind.

## Partial Client List:

NE Organization of Nurse Leaders  
State Societies of Radiologic Technologists  
Professional Women of Nebraska  
Financial Women International  
Maxwell Fire Department  
Alegent Hospitals  
Medical Imaging of KC  
Mallinckrodt/ Covidien  
Mercy Hospital Iowa  
Indian Health Services  
Inova Fairfax Hospital  
Cardinal Health  
Lehigh Valley Chapter Society of NM  
Great Plains Nuclear Medicine  
ImagiMed-New York

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# “Good Communication – Better Results”

## **OVERVIEW:**

**Informative suggestions on how to improve communication skills through humorous and entertaining personal stories of medical moments.**

- **Verbal, Nonverbal and Written Communication.**
- **Visually identify the positive and negative results of all kinds of communication**
- **Perception. Sometimes things are not as they seem.**
- **Body Language: Are yours positive or negative?**
- **Communication through the generations.  
Good communication whether it is with the very young or the elderly can only make for a better day.**
- **Communication through humor.  
What is your humor IQ?  
How to implement humor and laughter in the workplace.**

**TAKING YOUR JOB SERIOUSLY ... AND YOURSELF LIGHTLY.**

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## ABC 'S to DE-STRESS

### OVERVIEW:

The purpose of this presentation is to give you ideas to help you live today in a way that you will want to remember it forever. Life, its true, is filled with missed deadlines, misunderstandings, fender benders and stressors.

But, it is also filled with neat stuff to be grateful for. From “A” for Attitude. To “Z” for getting enough ZZZZZZ’s.

A to Z to De-Stress.

- **Attitude to Gratitude.**  
Making someone’s day can make yours.
- **Some mistakes are too much fun to only make once.**
- **Plan, Play, Patience. Don’t honk at the slow guy.**  
Patience is a key element to success with people.
- **Change can be one of the worst stresses.**  
Change your mind about change.
- **Learning to bend instead of breaking teaches resilience as well as humility. Learn to Love the rain.**

**Stress Busters – You’ll work better, feel better, feel happier and live longer.**

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## “Back To The Future”

### OVERVIEW:

**A presentation that provides a Technology Timeline.  
Timeline of Inventions that over the years have improved your  
life style and your life’s work.**

- **A walk down memory lane. Do you remember when?  
The products of yesterday, the technology of today, and a  
look into our future.**
- **Don’t believe them – It wasn’t better in the old days.  
Medical Science is moving forward at an amazing pace.  
Everyday brings news of a break through, a new discovery,  
a life being saved by medical science. Medical science  
inventions and innovations have changed our life  
expectancy and our quality of life.**
- **Radiology Technology.  
The history of Radiology, from the beginning when  
Roentgens mystery rays could see through flesh but not  
through bone, to the world of digital. Ever changing, ever  
expanding.**

**Presentation ends with a motivational message:  
HIGH TECH HAS IT’S VALUE – LIFE HAS MORE.....**

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## Make My Day!

### OVERVIEW:

The purpose of this presentation is to help you create a more interesting, productive, and energetic workplace. A place where new employees want to stay and customers want to return.

- **Generate Greatness: Go the extra mile. Make someone's day.**  
Behavior connection. Say something positive to everyone you meet.  
The wrecking crew – few things in life are more destructive and more contagious than negativity.
- **Catch them doing something right.**  
Recognition, respect, and to feel as if they matter.  
Learn to give compliments.  
Sunshine award.
- **Don't just listen. Be there. Really there.**  
Active listening.  
Things that get in the way of active listening.  
How to improve your listening.  
Listening to all generations.
- **Choose your attitude.**  
Life is 10% what you make it and 90% how you take It.

